



ABOS Foot and Ankle Recertification Examination Blueprint

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<i>Forefoot</i>	<i>18-22%</i>
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Ankle/Leg	28-32%
Nerve entrapment/injury (peroneal, superficial peroneal, footdrop)	1-2%
Gastrocnemius/soleus contracture	0.5-1%
Achilles rupture/gastrocnemius tear	1-2%
Stress injuries of the leg	0.5-1%
Ankle fracture	1-4%
Syndesmosis injuries	1-2%
Pilon fracture	0.5-1%
Ankle instability/sprain (medial/lateral)	1-2%
Osteochondral lesions (arthroscopy)	1-2%
Tendon tears (peroneal and anterior tibialis)	1-2%
Arthritis (arthroplasty, arthrodesis)	1-4%
Achilles tendinopathy (insertional and midsubstance)	1-2%
Ankle impingement syndrome (posterior/anterior/os trigonum/flexor hallucis longus)	1-2%
Ankle deformity	1-2%
Diabetic fracture/Charcot arthropathy	0.5-1%

Hindfoot	24-28%
Navicular stress fracture	1-2%
Cuboid fracture	0.5-1%
Calcaneus fracture	1-3%
Talus fracture (lateral process, osteonecrosis, body & neck)	1-3%
Hindfoot dislocations	0.5-1%
Compressive neuropathy	1-2%
Heel pain	1-2%
Posterior tibial tendon dysfunction	1-4%
Flatfoot (idiopathic)	0.5-1%
Charcot-Marie-Tooth disease, cavovarus, spasticity	1-3%
Tarsal coalition	0.5-1%
Arthritis	1-2%
Accessory navicular	0.5-1%

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(continued)

Midfoot	5-9%
Lisfranc (stable/unstable)	1-2%
Midfoot sprain	0.5-1%
Arthritis	1-2%
Charcot arthropathy	1-2%

Forefoot	18-22%
Metatarsophalangeal/sesamoid fracture	1-4%
<ul style="list-style-type: none">• Stress fracture• Acute fracture• Jones (base metatarsal) fracture	
Hallux valgus/metatarsus primus varus	1-4%
Hallux varus	0.5-1%
Hallux rigidus	1-2%
Lesser toe deformities (including arthritis)	1-2%
Freiberg disease	0.5-1%
Bunionette	0.5-1%
Interdigital neuroma	0.5-1%
Diabetic complications	0.5-1%
Metatarsalgia	0.5-1%
Metatarsophalangeal instability (including turf toe)	1-2%

General	15-19%
Deep venous thrombosis	0.5-1%
Inflammatory conditions and gout	0.5-1%
Compartment syndrome-acute	0.5-1%
Compartment syndrome-chronic	0.5-1%
Infection/puncture	0.5-1%
Orthotics/bracing	0.5-1%
Amputation	1-2%
Pharmacology (e.g., side effects of steroids, quinolones, tumor necrosis factor)	0.5-1%
Vascularity	0.5-1%
Biomechanics/gait	1-2%
Metabolic (osteoporosis, vitamin D, diabetes)	0.5-1%
Complex regional pain syndrome	0.5-1%
Rehabilitation	0.5-1%
Tumor (e.g., pigmented villonodular synovitis, ganglion cyst, plantar fibromatosis, mucoid cyst, synovial cell sarcoma, melanoma)	1-2%