



ABOS Shoulder and Elbow Recertification Examination Blueprint

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Shoulder

54-90%

Trauma

12-24%

Reconstruction

28-42%

Instability

8-12%

Other

6-12%

Elbow

9.25-25.75%

Trauma

5-13%

Instability

1-3%

Reconstruction

2-6%

Other

1.25-3.75%

Neurovascular

3-9%

General

2.5-5.5%

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Shoulder	54-90%
Trauma	12-24%
• Clavicle fracture (middle, lateral, medial)	2-4%
• Acromioclavicular joint (instability, arthritis)	1-3%
• Scapula (glenoid periprosthetic fracture, coracoid, body, acromial stress/scapular spine fracture)	1-3%
• Proximal humeral fracture	6-8%
• Humeral shaft fracture including periprosthetic fracture	1-3%
• Malunion/nonunion (proximal humerus, clavicle, humeral shaft)	1-3%
Reconstruction	28-42%
• Rotator cuff tendonitis/tendinopathy	2-4%
• Rotator cuff tear	7-9%
• Proximal biceps tendinopathy/tear	1-3%
• Glenohumeral osteoarthritis	7-9%
• Arthritis with massive cuff tear	6-8%
• Other arthritis (osteonecrosis, posttraumatic, chondrolysis, capsulorrhaphy, inflammatory arthritis)	3-5%
• Infection (postoperative, septic vs aseptic arthritis, periprosthetic)	2-4%
Instability	8-12%
• Anterior instability (with and without glenoid bone loss)	7-9%
• Posterior, multidirectional instability	1-3%
Other	6-12%
• Throwing shoulder (scapular dyskinesia, superior labrum, glenohumeral internal rotation deficit, Little Leaguer's shoulder, internal impingement)	2-4%
• Shoulder stiffness (adhesive capsulitis, postoperative, posttraumatic)	2-4%
• Other (calcific tendonitis, os acromiale, sternoclavicular joint, pectoralis rupture, snapping scapula)	2-4%

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(continued)

Elbow	9.25-25.75%
Trauma	5-13%
• Distal humerus fracture	1-3%
• Proximal radial and ulnar fracture (radial head, monteggia, coronoid, olecranon)	1-3%
• Acute elbow instability (simple, complex, posteromedial rotatory instability)	2-4%
• Tendon rupture (distal biceps, distal triceps)	1-3%
Instability	1-3%
• Medial collateral ligament injury	0.5-1.5%
• Posterolateral rotatory instability	0.5-1.5%
Reconstruction	2-6%
• Arthritis (inflammatory, posttraumatic, joint replacement vs interposition)	1-3%
• Contracture/heterotopic ossification (osteoarthritis, posttraumatic)	0.5-1.5%
• Infection (postoperative, septic vs aseptic arthritis, periprosthetic)	0.5-1.5%
Other	1.25-3.75%
• Tendinopathy/olecranon bursitis (medial and lateral epicondylitis)	0.5-1.5%
• Cartilage (osteochondritis dissecans/Panner's/synovial chondromatosis)	0.25-0.75%
• Other (arthroscopy, loose body, portal placement, posteromedial impingement)	0.5-1.5%

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(continued)

Neurovascular	3-9%
• Cervical spine radiculopathy, myelopathy [diagnosis]	0.5-1.5%
• Peripheral neuropathy shoulder (scapular winging, long thoracic, spinal accessory, suprascapular, axillary, paralabral cyst)	1-3%
• Peripheral neuropathy arm/elbow (radial, ulnar, musculocutaneous)	0.5-1.5%
• Other (vascular, thoracic outlet, Charcot shoulder, neoplasm - shoulder/humerus [diagnosis], metastatic disease - shoulder/humerus, brachial plexus, Parsonage Turner)	1-3%

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(continued)

General	2.5-5.5%
• Legal/ethical [non research]	0.5-1.5%
• Perioperative management (anesthesia complications, deep vein thrombosis prophylaxis, pain management)	2-4%