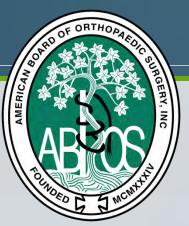
# ABOS Knowledge, Skills, and Behavior Program

**ABOS KSB Program** 

David F. Martin, MD, ABOS Executive Director Mona Saniei, MPH, ABOS Graduate and Professional Education Specialist



American Board of Orthopaedic Surgery

Establishing Education & Performance Standards for Orthopaedic Surgeons

# ABOS KSB Requirement

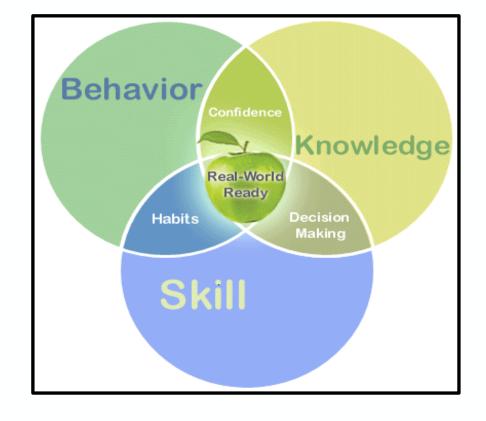
- Beginning academic year 2025/26- July 1, 2025
- Graduating Residents taking Part I Certifying Exam 2026
- Participation
  - Surgical Skills and Professional Behavior Assessments
  - Resident driven



# ABOS Knowledge, Skills, and Behavior Program

- Surgical Education Shift
  - Time-Based → Competency-Based
    - Goal: Time + Competency
- Deficiencies exists in:
  - Documentation
  - Measurement
  - Teaching

**Competence** 



- ABOS Goal: provide assessment tools for the measurement of:
  - Knowledge, Surgical Skills, and Professional Behavior



# ABOS KSB Program

- Knowledge
  - Measured by the Orthopaedic In-Training Examination.
- Surgical Skills
  - Measured by O-P Surgical Skills Assessment.
- Professional Behavior
  - Measured by <u>ABOS Behavior Tool</u> (ABOSBT).
    - 2 Types: End-of-Rotation & 360



# How It Works-Surgical Skills



Completed *Surgical Skills* assessments are sent back to the resident in <u>real-time</u>.



## How it Works-Professional Behavior



Professional Behavior feedback goes directly to Program Director/Program Coordinator and/or APD.



## What Residents Need to Do

- Surgical Skills
  - PGY-2 PGY-5: 2 Surgical Skills Assessments per week or 8 a month
  - PGY-1 residents-Surgical Skills may not be appropriate, program dependent
    - Professional Behavior for PGY 1 is encouraged

Residents have 48 hours from procedure date to request assessment



## What Residents Need to Do

- Professional Behavior
  - PGY 1-5 Request End-of-Rotation Professional Behavior Assessments
    - Goal of 6-8 a year



# Faculty Expectations

- Respond to resident Surgical Skills Assessment requests in a timely fashion (Completion within 72 hours)
- Respond to resident Professional Behavior Assessment requests in a timely fashion (Completion within 2 weeks)
- Respond to annual ABOS KSB 360 Resident Professional Behavior Assessment requests in a timely fashion (Completion within 2 weeks)



# Surgical Procedures for Assessment

4. Discectomy

5. Sugar Tongs/Halo Application

BOS/CORD KSB Surgical Procedures - March 16, 2021

Tier 1: CORE Procedures

Orthopaedic

Subspecialty	19939333	100,000	2000 02000 0000000000000000000000000000				
Adult Reconstruction	Primary Total Hip Arthroplasty     Primary Total Knee Arthroplasty	Revision Total Hi     Revision Total Kr	The second second second		s – March 16, 2021		
Foot and Ankle	Tibial Shaft Fx     Unimalleolar/Bimalleolar (Syndesmosis) Fx	Ankle Arthroscopy     Ankle/Subtalar/Midfoot/Metatarsal Phalangeal of Great Toe Fusion     Ankle/Foot Ligament/Tendon Repair/Reconstruction     Bunion Correction     Tibial Pilon Fx     Hindfoot Fx		Tier 1: CORE Procedures  /Distal Tibia Fx	Tier 2: SUBSPECIALTY Procedures  1. Epiphysiodesis 2. Pelvic/Femoral Osteotomy 3. Hip Arthrotomy/Drainage		
Hand	Carpal Tunnel Release	The second second second second	alunion e Procedure (e.g., Fusion,			Hip/Knee/Ankle Tendon Lengthening     Slipped Capital Femoral Epiphysis     Supracondylar Humerus Fx	
	Trigger Finger Release     Radius/Ulna Shaft Fx     Distal Radius Fx     Carpal/Metacarpal/Phalangeal Fx/Dislocation	Wrist/Hand Soft Tissue Repair/Reconstruction     Proximal Radius/Ulna Fx		: Shoulder Arthroscopy (e.g., Debridement, romial Decompression) Humerus Fx / Elbow Dislocation	Rotator Cuff Repair     Advanced Shoulder Arthroscopy (e.g.,     Capsulorrhaphy, Labral Repair)		
Oncology	1. Prophylactic Fixation of impending pathologic Femur Fx 2. Below Knee Amputation 3. Benign Bone Tumor Curettage and Grafting 4. Benign Soft Tissue Resection		i/Ulna Shaft Fx	Total/Reverse/Hemi Shoulder Arthroplasty     Distal Biceps Tendon Repair     UCL Repair/Reconstruction     Ulnar Nerve Decompression     Clavicle Fx			
						8. Proximal Humerus Fx 9. Humeral Shaft Fx 10. Proximal Radius/Ulna Fx	
			Spine 1. Spin		e Exposure	Single-Level Spine Fusion     Multi-Level Spine Fusion     Spinal Decompression/Laminectomy	

Tier 2: SUBSPECIALTY Procedures

D KSB Surgical Procedures - March 16, 2021

pecialty	Tier 1: CORE Procedures	Tier 2: SUBSPECIALTY Procedures
Medicine	Quadriceps/Patellar/Achilles Tendon Repair	Rotator Cuff Repair
	2. Arthroscopic Meniscectomy	2. UCL Repair/Reconstruction
	3. Meniscal Repair	3. Hip Arthroscopy
	4. ACL Reconstruction	4. LCL/MCL/PCL Repair/Reconstruction
iuma	Distal Humerus Fx / Elbow Dislocation	1. Clavicle Fx
lpper	Radius/Ulna Shaft Fx	Proximal Humerus Fx
	3. Distal Radius Fx	3. Humeral Shaft Fx
	4. Carpal/Metacarpal/Phalangeal Fx/Dislocation	4. Proximal Radius/Ulna Fx
ower.	5. Femoral Neck Fx	5. Pelvis Fx/Dislocation
	Intertrochanteric Fx	6. Acetabular Fx
	7. Femoral Shaft Fx	7. Patella Fx
	8. Distal Femoral Fx	8. Tibial Pilon Fx
	9. Tibial Plateau Fx	9. Hindfoot Fx
	10. Tibial Shaft Fx	10. Midfoot Fx/Dislocation
	11. Unimalleolar/Bimalleolar (Syndesmosis) Fx	11. Fx Nonunion/Malunion
eneral	12. Fasciotomy	
	13. Unilateral External Fixation	
	14. Debridement of Open Fx	
	15. Hardware Removal	

35 Core

**53 Subspeciality** 



## Tier 1, Tier 2 & Other

**Tier 1**: Graduating residents to be expected to be at a competent level in performing.

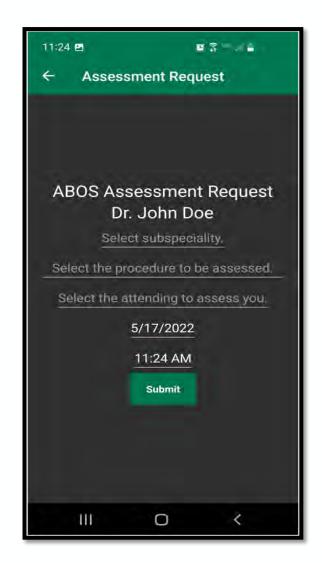
**Tier 2**: Important enough for a resident to be expected to have been exposed to at some level.

**Other**: Can be utilized to measure surgical skills, but do not rise to the importance of Tier 1 or Tier 2.



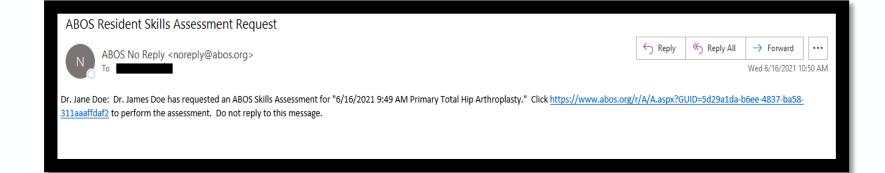
## Current App & Resident Interface

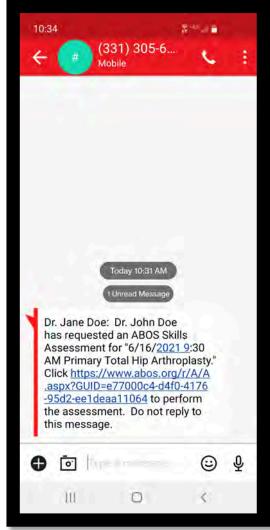






# Email/Text to Faculty







# Surgical Skills Assessment

Dr. Jane Doe ABOS Skills Assessment (OP-Score) of Dr. James Doe for 6/16/2021 9:49 AM Primary Total Hip Arthroplasty

4 (of 11) Knowledge of Specific Procedural Steps: Understands steps of procedure, potential risks, and means to avoid/overcome them

○1: I had to do.

○2: I had to talk them through.

○3: I had to prompt them from time to time.

○4: I needed to be in the room just in case.

○5: I did not need to be there.

Previous

#### Definitions

- 1: I had to do i.e., requires complete hands-on guidance, did not do, or was not given the opportunity to do.
- 2: I had to talk them through i.e., able to perform tasks, but requires constant direction.
- 3: I had to prompt them from time to time i.e., demonstrates some independence, but requires intermittent direction.
- 4: I needed to be in the room just in case i.e., independence, but still requires supervision for safe practice.
- 5: I did not need to be there i.e., complete independence, understands risks and performs safely, practice ready.



# 8 Facets of Surgical Procedure

- 1. <u>Pre-procedure plan</u>: Gathers/assesses required information to reach diagnosis and determine correct procedure required.
- 2. <u>Case preparation</u>: Patient correctly prepared and positioned, describes approach and lists required instruments, prepared to deal with probable complications.
- 3. <u>Knowledge of specific procedural steps</u>: Can sequence steps of procedure, articulates potential risks, and means to avoid/overcome them.
- 4. <u>Technical performance</u>: Efficiently performs steps, avoiding pitfalls and respecting soft tissues.
- 5. <u>Visuospatial skills</u>: 3D spatial orientation and able to position instruments/hardware where intended.
- 6. <u>Post-procedure plan</u>: Appropriate complete post procedure plan.
- 7. <u>Efficiency and flow</u>: Obvious planned course of procedure with economy of movement and flow.
- 8. <u>Communication</u>: Professional and effective communication/utilization of staff.



## Professional Behavior Assessment

Dr. Jane Doe ABOS Professional Behavior Assessment of Dr. James Doe for 6/16/2021 10:14 AM

2. The resident effectively communicates with patients and with people who are important to those patients (Shows Compassion/Empathy, Demonstrates Communication and Listening skills, Shows Respect for Patient needs)

- 1. Strongly Disagree
- ○2. Somewhat Disagree
- ○3. Neutral
- **4. Somewhat Agree**
- •5. Strongly Agree



Next

Shows Compassion/Empathy (ie. Collaborates with patient, enhances the relationship)

**Demonstrates Communication and Listening skills** (ie. Attentive, shows patience, respect patient autonomy and empower them to make informed decisions, manages communication challenges with patients and families)

**Shows Respect for Patient needs** (ie. Respects patients' viewpoints and considers his/her opinions when determining healthcare decisions, regards the patient as a unique individual, treats the patient in the context of his/her family and social environment, takes time to educate the patient and their family)



## **Benefits**

### Resident

- Identify procedures you should be competent/exposed to before graduating
- Steer assessments towards what you need and where you want to be
- Residents want more real-time feedback
- Formative & Summative
- Documentation

## **Program Director**

- Immediate documentation
- Surgical Skills and Professional Behavior Tool maps to Milestones
- Future: Reduce administrative burden on residents
- Reports to help you identify competency of resident before signing off they are ready to sit for Part I exam

## **Faculty**

- Text Message/Email requests
- No Portal/Login
- "Quiet Hours"-No texts at night.
- Opportunity to improve teaching/communication



## MYTH VS. FACT

## **MYTH**

- Data will be used for hiring or credentialing
  - ABOS will not share this data
- Data will follow to Fellowship
  - Data is not validated nor intended for Fellowship apps or recruitment.

## **FACT**

- Program Director has ultimate discretion
- Participation will be a requirement to sit for ABOS Part I.



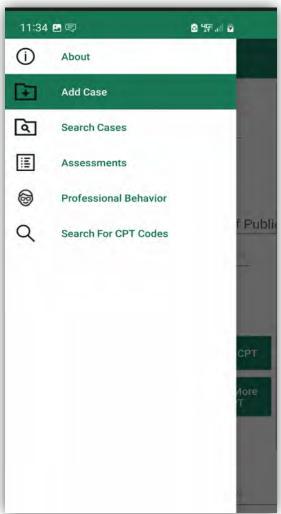
# Integrated ABOS KSB App/Web Portal

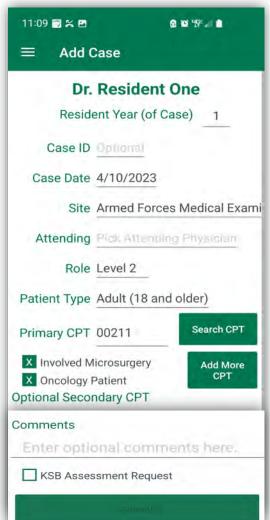
- ACGME Case Logs/ABOS KSB Platform
  - Residents submit case log for ACGME and request ABOS KSB assessment in the same place.
- **ABOS staff will contact** your residency program when the integrated platform is available. You will receive notice once your app is updated.
- Updates will start end of summer 2023-spanning several months.



# Coming to a Program near you!





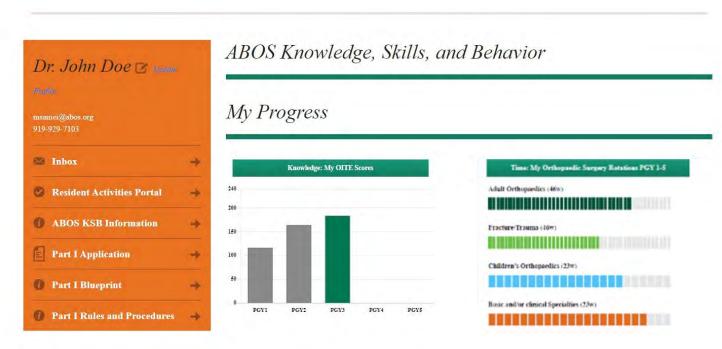








# ABOS Dashboard (www.abos.org)

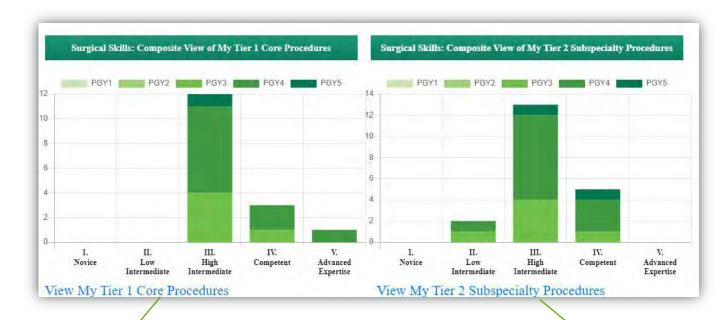


Longitudinal Progress

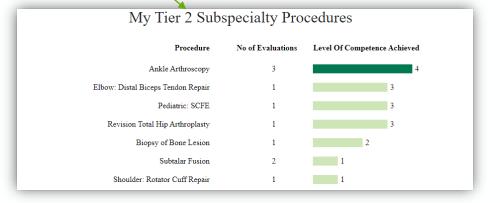
- Multi-Purpose
  - Rules and Procedures
  - Link to Resident Assessment Request Portal
  - Surgical Skills Assessment Ratings
  - Professional Behavior Assessment Ratings
  - OITE Performance
  - Part I Examination Application



## ABOS Resident Dashboard Visuals

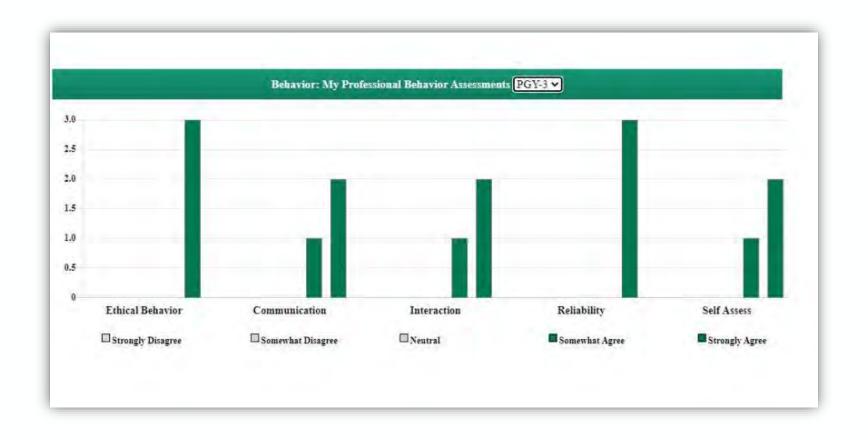


My Tier 1 Core Procedures				
Procedure	No of Evaluations	Level Of Competence Achieved		
Primary Total Hip Arthroplasty	12		5	
Spine Exposure	3		5	
Trigger Finger Release	1		5	
Below Knee Amputation	2	4		





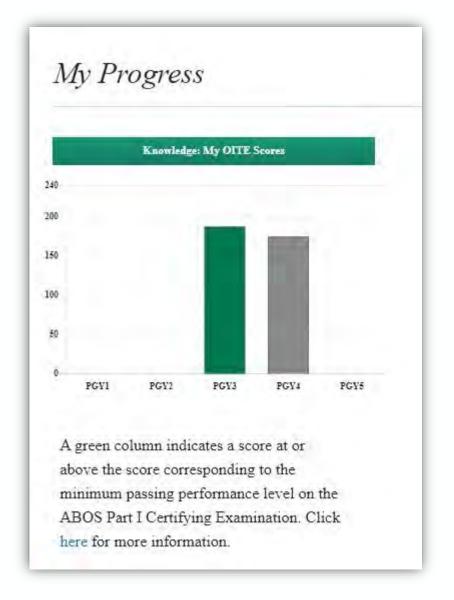
## ABOS Resident Dashboard Visuals





# Orthopaedic Knowledge

- Scaled Orthopaedic In-Training Examination (OITE) scores
- Common set of questions on ABOS Part I Examination and AAOS OITE
- Identify a minimum OITE score that roughly corresponds to a passing score on Part I Examination





# ABOS Part I Examination Blueprint

#### ABOS Part I Certification Examination Blueprint

Table of Contents

General Principles	10-21%
Biostatistics/Epidemiology	0.5-1.5%
Legal/Ethical/Systems-based Practice	0.5-1.5%
Basic Science Principles	3-5%
Anatomy and Surgical Approaches	3-5%
Multiple Trauma	1-2%
Metabolic Bone Disease	0.5-1.5%
Medical Aspects of Sports Medicine	0.5-1.5%
Perioperative Management	1-3%
Adult Spine	6.75-12.25%
Cervical	2.5-5.5%
Thoracic	0.25-0.75%
Lumbar	3-4%
Nonspecific site	1-2%
Upper Extremities	12.75-35.25%
Scapula/Clavicle/Acromioclavicular/Sternoclavicular	0.5-1.5%
Shoulder joint	3.75-10.25%
Humerus	0.25-0.75%
Elbow joint	2.25-5.75%
Forearm	0.5-1.5%
Wrist	3-8%
Hand	2.5-7.5%
Lower Extremities	17.75-46.25%
Pelvis	1-2%
Hip	3.25-7.75%
Femur	1.25-2.75%
Knee	5.25-14.75%
Tibia/fibula	2-4%
Ankle/Leg	3-9%
Foot	2-6%
Pediatrics	7.75-16.25%
Upper Extremity	1.25-2.75%
Lower Extremity	3-6%
Spine	1-2%
Sports	1-2%
General	1-2%
Neuromuscular	0.5-1.5%

#### ABOS Part I Certification Examination Blueprint

General Principles	10-21%
Biostatistics/Epidemiology	0.5-1.5%
Interpretation of epidemiologic information [disease prevalence and incidence, disease outcomes (eg, fatality rates), associations (eg, risk factors), health impact (eg, risk differences and ratios), sensitivity, specificity, predictive values]	
Study design and interpretation [types of experimental studies (eg, clinical trials), types of observational studies (eg, cohort, case-control), sampling and sample size, subject selection and exposure allocation (eg, randomization)]	
Hypothesis testing and statistical interference [confidence intervals, statistical significance and type I error, statistical power and type II error]	
Legal/Ethical/Systems-based Practice	0.5-1.5%
Consent and informed consent to treatment, physician-patient relationship, death and dying, research issues, interactions with other health professionals, cultural competence, physician wellness/burnout, safety, quality, teamwork, cost, value-based care, diversity	
Basic Science Principles	3-5%
Biology (fracture healing, biologics, pharmacology), biomechanics (including gait), inflammatory cascades and coagulation	
Anatomy and Surgical Approaches	3-5%
Anatomy, surgical approaches, and soft-tissue coverage	
Multiple Trauma	1-2%
Acute respiratory distress syndrome, systemic inflammatory response syndrome, fat embolism syndrome, orthopaedic management of polytrauma patient, initial assessment (ABCs, head, spine), open fractures, bone grafts/bone graft substitutes, mangled extremity, host risk factors, shock, hemopneumothorax	
Metabolic Bone Disease	0.5-1.5%
Osteoporosis, vitamin D, diabetes, Paget's disease,	



## How to Get Started

- Logins
  - Once your program activates you:
    - ABOS Welcome to ABOS KSB Program Email
      - Username and create password
- ABOS Resident Dashboard
  - www.abos.org
- ABOS Surgical Skills/Professional Behavior Request Portal
  - www.abos.org/r

When in doubt: Use the Forgot Username/Forgot Password buttons on either page or contact <a href="mailto:ksb@abos.org">ksb@abos.org</a>

Two separate systems=passwords are independent of one another!