

ABOS Foot and Ankle Practice-Profiled Recertification Examination

BLUEPRINT



**ABOS
PRACTICE-PROFILED**

EXAMINATIONS

***ABOS Foot and Ankle Practice-Profiled Recertification
Examination Blueprint***

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<i>Ankle/Leg</i>	<i>28%</i>
<i>Hindfoot</i>	<i>26%</i>
<i>Midfoot</i>	<i>8%</i>
<i>Forefoot</i>	<i>22%</i>
<i>General</i>	<i>16%</i>

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<i>Ankle/Leg</i>	<i>28%</i>
Nerve entrapment/injury (peroneal, superficial peroneal, footdrop)	1%
Achilles rupture/gastrocnemius tear	3%
Stress injuries of the leg	1%
Ankle fracture	4%
Syndesmosis injuries	2%
Pilon fracture	1%
Ankle instability/sprain (medial/lateral)	3%
Osteochondral lesions (arthroscopy)	2%
Tendon tears (peroneal and anterior tibialis)	2%
Arthritis (arthroplasty, arthrodesis)	4%
Achilles tendinopathy (insertional and midsubstance)	2%
Ankle impingement syndrome (posterior ankle impingement, flexor hallucis longus, tendinitis, os trigonum)	1%
Diabetic fracture/Charcot arthropathy	2%

<i>Hindfoot</i>	26%
Navicular stress fracture	1%
Tarsal fracture	1%
Calcaneus fracture	3%
Talus fracture (lateral process, osteonecrosis, body & neck)	3%
Hindfoot dislocations	1%
Compressive neuropathy	2%
Heel pain	2%
Flatfoot	5%
Cavovarus, Charcot-Marie-Tooth disease, spasticity	3%
Tarsal coalition	1%
Arthritis	3%
Accessory navicular	1%

<i>Midfoot</i>	<i>8%</i>
Lisfranc injuries	3%
Arthritis	2%
Charcot arthropathy	3%

Forefoot	22%
Metatarsophalangeal/sesamoid fracture (acute fracture, Jones [proximal fifth metatarsal] fracture)	4%
Hallux valgus/metatarsus primus varus	5%
Hallux varus	1%
Hallux rigidus	2%
Lesser toe deformities (including arthritis)	2%
Freiberg disease	1%
Bunionette	1%
Interdigital neuroma	1%
Diabetic complications	2%
Metatarsalgia	1%
Metatarsophalangeal instability (including turf toe)	2%

General	16%
Deep venous thrombosis and pulmonary embolism	1%
Inflammatory conditions and gout	2%
Compartment syndrome	1%
Infection/puncture/amputation	3%
Orthotics/bracing	2%
Pharmacology (e.g., side effects of steroids, quinolones, tumor necrosis factor) and Metabolic (osteoporosis, vitamin D, diabetes)	2%
Biomechanics/gait	2%
Complex regional pain syndrome	1%
Tumor (e.g., pigmented villonodular synovitis, ganglion cyst, plantar fibromatosis, mucoid cyst, synovial cell sarcoma, melanoma)	2%