

ABOS General Orthopaedic Surgery Recertification Examination

BLUEPRINT



ABOS
MOC
PROGRAM

Maintenance of Certification

ABOS General Orthopaedic Surgery Recertification Examination Blueprint

Table of Contents

General Principles	5.5%
Biostatistics/epidemiology	1.0%
Legal/ethical	2.5%
Basic Science Principles	2.0%
Spine	6.0%
Cervical	2.0%
Thoracolumbar	3.0%
Nonspecific site	1.0%
Upper Extremities	36.0%
Clavicle/AC/SC joint	2.0%
Scapula	1.0%
Shoulder joint	8.0%
Humerus	5.5%
Elbow joint	5.0%
Radius/ulna (fracture)	8.0%
Wrist joint	3.0%
Hand	3.5%
Lower Extremities	38.5%
Hip joint	7.0%
Femur fractures	5.5%
Knee joint	11.0%
Pediatric knee injuries (bony and ligamentous)	1.0%
Tibia/fibula fractures	3.5%
Ankle joint	5.5%
Foot	5.0%
Multiple Sites	8.0%
Multiple trauma	1.0%
Compartment syndrome	1.0%
Complications following surgical procedures	2.5%
Medical aspects of sports medicine	1.5%
Inflammatory disease	1.0%
Metabolic bone disease/osteoporosis	1.0%
Outcome Management	3.5%
Infection and medical optimization	3.5%
Neoplasms	2.5%
Benign	1.0%
Malignant	1.5%

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<i>General Principles</i>	<i>5.5%</i>
Biostatistics/epidemiology	1.0%
<ul style="list-style-type: none">• Interpretation of epidemiologic information• Study design and interpretation• Hypothesis testing and statistical interference	
Legal/ethical	2.5%
Basic Science Principles	2.0%
<ul style="list-style-type: none">• Biology• Biomechanics	

Spine	6.0%
Cervical	2.0%
<ul style="list-style-type: none">• Fracture/dislocations/instability• Herniated nucleus pulposus• Arthritis	
Thoracolumbar	3.0%
<ul style="list-style-type: none">• Fracture/dislocations/instability• Herniated nucleus pulposus• Arthritis	
Nonspecific site	1.0%
<ul style="list-style-type: none">• Infection• Scoliosis not otherwise classified	

Upper Extremities	36.0%
Clavicle/AC/SC joint	2.0%
Scapula	1.0%
Shoulder joint	8.0%
• Dislocations/Instability	2.0%
• Arthritis	2.0%
• Muscle/tendon/ adhesive capsulitis	3.0%
• Osteonecrosis, nerve injury/compression, infection	1.0%
Humerus (fracture)	5.5%
• Proximal	2.0%
• Shaft	1.0%
• Distal	
• Pediatric	1.5%
• Adult	1.0%
Elbow joint	5.0%
• Dislocations/Instability	1.0%
• Arthritis	1.0%
• Muscle/tendon/ligament/tendinitis	2.0%
• Osteochondritis, nerve injury/compression	1.0%
Radius/ulna (fracture)	8.0%
• Proximal	
• Pediatric	1.0%
• Adult	1.0%
• Shaft	
• Pediatric	2.0%
• Adult	1.0%
• Distal	
• Pediatric	1.0%
• Adult	2.0%

Wrist joint	3.0%
• Dislocations/Instability/fracture	1.0%
• Arthritis	0.5%
• Tendon/muscle	0.5%
• Nerve compression/injury	1.0%
Hand	3.5%
• Dislocations/Instability/fracture	1.0%
• Arthritis	0.5%
• Tendon/muscle/nerve compression/injury	0.5%
• Other (human bite, Dupuytren's, nail bed injuries, amputations, infection)	1.5%

Lower Extremities	38.5%
Hip joint	7.0%
• Dislocations/Fracture (pelvis, acetabular)	1.0%
• Arthritis/osteonecrosis	3.0%
• Other (bursitis, FAI, labrum, tendon/tear)	1.0%
• Pediatric hip (Infection, SCFE, DDH, Perthes)	2.0%
Femur fractures	5.5%
• Proximal (neck, peritrochanteric, subtrochanteric)	2.5%
• Shaft	1.0%
• Distal	1.0%
• Periprosthetic	1.0%
Knee joint	11.0%
• Instability/ligamentous injury	2.5%
• Dislocations	0.5%
• Arthritis/osteonecrosis	4.0%
• Tendon/muscle	1.0%
• Cartilage/meniscal	1.0%
• Patellofemoral (dislocations/instability/fracture)	2.0%
Pediatric knee injuries (bony and ligamentous)	1.0%
Tibia/fibula fractures	3.5%
• Proximal	2.0%
• Shaft (includes stress)	1.0%
• Distal	0.5%
Ankle joint	5.5%
• Fractures/dislocations (malleolar, pilon)	3.0%
• Instability/sprains	0.5%
• Arthritis/OCD	0.5%
• Tendon/muscle	1.5%

Foot	5.0%
• Hindfoot/midfoot/forefoot fracture/dislocations	2.5%
• Neuropathic foot (inc diabetes and infection)	1.0%
• Forefoot pathology (eg, hallux valgus, hallux rigidus, hammertoe, Morton's neuroma)"	1.0%
• Other/multiple sites (eg, puncture wounds, plantar fasciitis)	0.5%

Multiple Sites	8.0%
Multiple trauma (Blood loss, pneumothorax)	1.0%
Compartment syndrome (upper and lower, exertional)	1.0%
Complications following surgical procedures (includes deep vein thrombosis, PE, fat emboli)	2.5%
Medical aspects of sports medicine (including concussion, asthma, sudden cardiac death, environmental exposure)	1.5%
Inflammatory disease (including Lyme, gout, septic arthritis, JRA)	1.0%
Metabolic bone disease/osteoporosis	1.0%

<i>Outcome Management</i>	<i>3.5%</i>
Infection and medical optimization , including nutrition, smoking cessation, glucose management/diabetes, weight loss, MRSA screening, multimodal/opioid pain management, prehabilitation, inflammatory arthritis evaluation and management	<i>3.5%</i>

Neoplasms	2.5%
Benign	1.0%
Malignant	1.5%
• Primary	0.75%
• Metastatic	0.75%