

ABOS Surgery of the Hand Subspecialty Examination

BLUEPRINT



**ABOS
SUBSPECIALTY**

EXAMINATIONS

ABOS Surgery of the Hand Subspecialty Examination

Table of Contents

<i>Bone</i>	<i>20%</i>
<i>Joint/ligament</i>	<i>20%</i>
<i>Muscle/tendon</i>	<i>13%</i>
<i>Nerve</i>	<i>15%</i>
<i>Circulatory system</i>	<i>7%</i>
<i>Skin/fascia/nails</i>	<i>12%</i>
<i>General principles/other</i>	<i>13%</i>

ABOS Surgery of the Hand Subspecialty Examination

<i>Bone</i>	<i>20%</i>
Hand fracture	5%
Distal radius fracture	4%
Forearm fracture	1%
Carpal fracture	2%
Malunion/nonunion (includes bone grafting, osteotomy)	2%
Infection/osteonecrosis	2%
Physeal/growth plate	1%
Anatomy/physiology/metabolic/biomechanics (includes osteoporosis, bone healing, bone graft)	3%

Joint/ligament	20%
Acute dislocations and fracture dislocations (wrist, carpus, hand)	4%
Infection	1%
Degenerative and posttraumatic arthritis (wrist and carpometacarpal, metacarpophalangeal, proximal interphalangeal, and distal interphalangeal joints)	5%
Joint contractures/stiffness (includes heterotopic ossification of the elbow)	1%
Inflammatory arthritis (includes rheumatoid, crystalline deposits, medical management, systemic lupus erythematosus, psoriatic, scleroderma)	4%
Ligament injury/instability (includes distal radioulnar joint/triangular fibrocartilage complex, carpus, thumb, and metacarpophalangeal and proximal interphalangeal joints)	3%
Anatomy	2%

<i>Muscle/tendon</i>	13%
Flexor tendon injuries/reconstruction	3%
Extensor tendon injuries/reconstruction	3%
Compartment syndrome/Volkmann ischemic contracture	2%
Tendinosis/tendinopathies (includes lateral and medial epicondylitis, De Quervain tenosynovitis, intersection syndrome, stenosing tenosynovitis)	2%
Infection (chronic, acute, mycobacterial, fungal)	1%
Anatomy/physiology/biomechanics	2%

Nerve	15%
Acute nerve injury (nerve repair, grafting, nerve transfer)	3%
Chronic nerve injury (neuroma, complex regional pain syndrome, TMR)	1%
Radial, median, ulnar nerve tendon transfers	2%
Compression neuropathies (median, ulnar, radial)	4%
Anatomy/physiology (EMG, variants)	2%
Neuromuscular (includes stroke, cerebral palsy, traumatic brain injury, tetraplegia, Charcot-Marie-Tooth, amyotrophic lateral sclerosis)	1%
Brachial plexus (pediatric, adult, anatomy, neuritis)	1%
Nerve transfer	1%

Circulatory system	7%
Anatomy/physiology	1%
Revascularization/replantation	2%
Vasospastic disease and chronic ischemia	2%
Thrombosis/embolism/aneurysm	1%
Vascular malformations	1%

Skin/fascia/nails	12%
Fingertip/nailbed trauma	2%
Coverage (includes grafts, flaps, negative pressure wound therapy, and dermal skin substitutes)	3%
Frostbite/burns (electrical, chemical, thermal)	1%
Infection (includes bites, envenomation, necrotizing fasciitis, and fungal, viral, and surgical site infection, olecranon bursitis)	2%
Injection/extravasation injuries	1%
Anatomy/physiology/wound healing	1%
Dupuytren disease/contracture	2%

General principles/other	13%
Ethics (includes professionalism, consent/communications, cultural competence, diversity, billing, death/dying, durable power of attorney, doctor-patient relationships)	1%
Pain management (opioid management, anesthesia, pain syndromes)	1%
Prosthetics/rehabilitation (adult/pediatric)	1%
Patient/physician safety (includes polytrauma, deep vein thrombosis, coagulopathy, radiation exposure, physician wellness/burnout, medication reconciliation)	2%
Benign (includes ganglion, giant cell, lipoma, inclusion cyst, osteochondroma, enchondroma)	3%
Skin tumors	1%
Metastatic and sarcoma	1%
Hand plate (includes trigger thumb, camptodactyly, clinodactyly, syndactyly, polydactyly, symbrachydactyly)	1%
Radial/thumb deficiency (includes absent and hypoplastic disorders)	1%
Common syndromes (includes multiple hereditary exostoses, constriction band syndrome, Madelung, and Apert, Poland, and Down syndromes)	1%