

# *ABOS Orthopaedic Sports Medicine Combined Examination*

BLUEPRINT



**ABOS  
SUBSPECIALTY**

EXAMINATIONS

# ABOS Orthopaedic Sports Medicine Combined Examination

## Table of Contents

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<b>General Principles</b>	<b>7%</b>
Biostatistics/epidemiology	1.5%
Legal/ethical	2%
Basic Science Principles	3.5%
<b>Spine</b>	<b>3%</b>
Cervical	2%
Thoracic/ Lumbar	1%
<b>Upper Extremities</b>	<b>32%</b>
Clavicle	3%
Scapula	1%
Glenohumeral joint: Dislocations/instability/labral injuries	7%
Glenohumeral joint: Rotator cuff	6%
Glenohumeral joint: Nerve injury, proximal humerus fracture, proximal biceps tendinitis/tear	5%
Elbow joint: Dislocations/instability	2%
Elbow joint: Cartilage, arthritis, nerve injury, fracture	1%
Elbow joint: Tendon/muscle tears	2%
Wrist joint	2%
Hand	3%
<b>Lower Extremities</b>	<b>41%</b>
Pelvis	1%
Hip joint: Dislocation/instability	3%
Hip joint: Femoral acetabular impingement	3%
Tibiofemoral joint: Dislocation/instability/ligament	11%
Tibiofemoral joint: Fracture	6%
Tibiofemoral joint: Cartilage/meniscus	5%
Patellofemoral joint: Dislocation/instability	3%
Patellofemoral joint: Fracture	2%
Leg	1%
Ankle joint: Dislocation/instability	1%
Ankle joint: Fracture	2%
Ankle joint: Tendon/muscle	1%
Foot: Dislocation/instability	1%
Foot: Fracture	1%

# ABOS Orthopaedic Sports Medicine Combined Examination

## Table of Contents (continued)

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<b>Multiple Sites/Systemic/Other</b>	<b>17%</b>
<i>Multiple trauma, nonorthopaedic</i>	1%
<i>Complications following surgical procedures:     Deep venous thrombosis/pulmonary embolism</i>	1%
<i>Complications following surgical procedures:     Infection, mechanical failure, anesthetic complications, other</i>	3%
<i>Medical aspects of sports medicine: Cardiology</i>	1%
<i>Medical aspects of sports medicine: Concussion</i>	2%
<i>Medical aspects of sports medicine: Head and face, pulmonary,     gastrointestinal, genitourinary, skin, Marfan syndrome</i>	2%
<i>Medical aspects of sports medicine: Endocrine</i>	1%
<i>Medical aspects of sports medicine: Environmental exposure</i>	1%
<i>Medical aspects of sports medicine: Infectious disease</i>	1%
<i>Medical aspects of sports medicine: Pain management</i>	2%
<i>Physal injury and growth arrest</i>	1%
<i>Neoplasms</i>	1%

# ***ABOS Orthopaedic Sports Medicine Combined Examination***

<b><i>General Principles</i></b>	<b><i>7%</i></b>
<b>Biostatistics/epidemiology</b>	<b>1.5%</b>
<b>Legal/ethical</b> (including team physician issues)	<b>2%</b>
<b>Basic Science Principles</b> (including biologic therapy)	<b>3.5%</b>

<b>Spine</b>	<b>3%</b>
<b>Cervical</b>	<b>2%</b>
<b>Thoracic/Lumbar</b>	<b>1%</b>

<b>Upper Extremities</b>	<b>32%</b>
<b>Clavicle/Acromioclavicular joint/Sternoclavicular joint</b>	<b>3%</b>
<b>Scapula</b> (fracture, neuropathy, os acromiale, scapular dyskinesia)	<b>1%</b>
<b>Glenohumeral joint: Dislocations/instability/labral injuries</b>	<b>7%</b>
<b>Glenohumeral joint: Rotator cuff</b>	<b>6%</b>
<b>Glenohumeral joint: Nerve injury, proximal humerus fracture, proximal biceps tendinitis/tear</b>	<b>5%</b>
<b>Elbow joint: Dislocations/instability</b>	<b>2%</b>
<b>Elbow joint: Cartilage, arthritis, nerve injury, fracture</b>	<b>1%</b>
<b>Elbow joint: Tendon/muscle tears</b>	<b>2%</b>
<b>Wrist joint</b> (dislocation/instability, nerve injury, fracture [eg, distal radius, carpus])	<b>2%</b>
<b>Hand</b> (dislocation/instability, tendon/muscle, fracture)	<b>3%</b>

<b>Lower Extremities</b>	<b>41%</b>
<b>Pelvis</b>	<b>1%</b>
<b>Hip joint: Dislocation/instability, fracture, tendon/tear, cartilage</b>	<b>3%</b>
<b>Hip joint: Femoral acetabular impingement</b>	<b>3%</b>
<b>Tibiofemoral joint: Dislocation/instability/ligament</b>	<b>11%</b>
<b>Tibiofemoral joint: Fracture (including distal femur, proximal tibia), arthritis, osteonecrosis, nerve injury, infection, heterotopic ossification, synovitis, Osgood-Schlatter disease, Baker cyst</b>	<b>6%</b>
<b>Tibiofemoral joint: Cartilage/meniscus</b>	<b>5%</b>
<b>Patellofemoral joint: Dislocation/instability</b>	<b>3%</b>
<b>Patellofemoral joint: Fracture, arthritis, tendon/muscle, cartilage, nerve injury, infection, heterotopic ossification</b>	<b>2%</b>
<b>Leg (compartment syndrome, stress fracture, shin splints)</b>	<b>1%</b>
<b>Ankle joint: Dislocation/instability</b>	<b>1%</b>
<b>Ankle joint: Fracture (including pilon fracture), cartilage, osteonecrosis, nerve injury, infection</b>	<b>2%</b>
<b>Ankle joint: Tendon/muscle (including Achilles and peroneal tendons)</b>	<b>1%</b>
<b>Foot: Dislocation/instability, tendon/muscle, arthritis, cartilage, osteonecrosis, nerve injury, infection, tarsal coalition, flatfoot, sesamoid</b>	<b>1%</b>
<b>Foot: Fracture</b>	<b>1%</b>

<b>Multiple Sites</b>	<b>17%</b>
<b>Multiple trauma, nonorthopaedic</b> (eg., chest/abdominal blunt trauma)	<b>1%</b>
<b>Complications following surgical procedures: Deep venous thrombosis/pulmonary embolism</b>	<b>1%</b>
<b>Complications following surgical procedures: Infection, mechanical failure, anesthetic complications, other</b> (eg, nerve injury)	<b>3%</b>
<b>Medical aspects of sports medicine: Cardiology</b>	<b>1%</b>
<b>Medical aspects of sports medicine: Concussion</b>	<b>2%</b>
<b>Medical aspects of sports medicine: Head and face, pulmonary, gastrointestinal, genitourinary, skin, Marfan syndrome</b>	<b>2%</b>
<b>Medical aspects of sports medicine: Endocrine</b> (including relative energy deficiency in sports and diabetes)	<b>1%</b>
<b>Medical aspects of sports medicine: Environmental exposure</b>	<b>1%</b>
<b>Medical aspects of sports medicine: Infectious disease</b>	<b>1%</b>
<b>Medical aspects of sports medicine: Pain management</b> (including complex regional pain syndrome and opioid sparing/multimodal pain management)	<b>2%</b>
<b>Physal injury and growth arrest</b>	<b>1%</b>
<b>Neoplasms</b> (benign or malignant)	<b>1%</b>