

ABOS Orthopaedic Sports Medicine Subspecialty Examination

BLUEPRINT



**ABOS
SUBSPECIALTY**

EXAMINATIONS

ABOS Orthopaedic Sports Medicine Subspecialty Examination

Table of Contents

| | |
|--|------------|
| General Principles | 7% |
| Biostatistics/epidemiology | 1.5% |
| Legal/ethical | 2% |
| Basic Science Principles | 3.5% |
| Spine | 3% |
| Cervical | 2% |
| Thoracic/ Lumbar | 1% |
| Upper Extremities | 32% |
| Clavicle | 3% |
| Scapula | 1% |
| Glenohumeral joint: Dislocations/instability/labral injuries | 7% |
| Glenohumeral joint: Rotator cuff | 6% |
| Glenohumeral joint: Nerve injury, proximal humerus fracture, proximal biceps tendinitis/tear | 5% |
| Elbow joint: Dislocations/instability | 2% |
| Elbow joint: Cartilage, arthritis, nerve injury, fracture | 1% |
| Elbow joint: Tendon/muscle tears | 2% |
| Wrist joint | 2% |
| Hand | 3% |
| Lower Extremities | 41% |
| Pelvis | 1% |
| Hip joint: Dislocation/instability | 3% |
| Hip joint: Femoral acetabular impingement | 3% |
| Tibiofemoral joint: Dislocation/instability/ligament | 11% |
| Tibiofemoral joint: Fracture | 6% |
| Tibiofemoral joint: Cartilage/meniscus | 5% |
| Patellofemoral joint: Dislocation/instability | 3% |
| Patellofemoral joint: Fracture | 2% |
| Leg | 1% |
| Ankle joint: Dislocation/instability | 1% |
| Ankle joint: Fracture | 2% |
| Ankle joint: Tendon/muscle | 1% |
| Foot: Dislocation/instability | 1% |
| Foot: Fracture | 1% |

ABOS Orthopaedic Sports Medicine Subspecialty Examination

Table of Contents (continued)

| | |
|---|------------|
| Multiple Sites/Systemic/Other | 17% |
| <i>Multiple trauma, nonorthopaedic</i> | 1% |
| <i>Complications following surgical procedures: Deep venous thrombosis/pulmonary embolism</i> | 1% |
| <i>Complications following surgical procedures: Infection, mechanical failure, anesthetic complications, other</i> | 3% |
| <i>Medical aspects of sports medicine: Cardiology</i> | 1% |
| <i>Medical aspects of sports medicine: Concussion</i> | 2% |
| <i>Medical aspects of sports medicine: Head and face, pulmonary, gastrointestinal, genitourinary, skin, Marfan syndrome</i> | 2% |
| <i>Medical aspects of sports medicine: Endocrine</i> | 1% |
| <i>Medical aspects of sports medicine: Environmental exposure</i> | 1% |
| <i>Medical aspects of sports medicine: Infectious disease</i> | 1% |
| <i>Medical aspects of sports medicine: Pain management</i> | 2% |
| <i>Physal injury and growth arrest</i> | 1% |
| <i>Neoplasms</i> | 1% |

ABOS Orthopaedic Sports Medicine Subspecialty Examination

| | |
|--|------------------|
| <i>General Principles</i> | <i>7%</i> |
| Biostatistics/epidemiology | 1.5% |
| Legal/ethical (including team physician issues) | 2% |
| Basic Science Principles (including biologic therapy) | 3.5% |

| | |
|------------------------|-----------|
| Spine | 3% |
| Cervical | 2% |
| Thoracic/Lumbar | 1% |

| Upper Extremities | 32% |
|---|------------|
| Clavicle/Acromioclavicular joint/Sternoclavicular joint | 3% |
| Scapula (fracture, neuropathy, os acromiale, scapular dyskinesia) | 1% |
| Glenohumeral joint: Dislocations/instability/labral injuries | 7% |
| Glenohumeral joint: Rotator cuff | 6% |
| Glenohumeral joint: Nerve injury, proximal humerus fracture, proximal biceps tendinitis/tear | 5% |
| Elbow joint: Dislocations/instability | 2% |
| Elbow joint: Cartilage, arthritis, nerve injury, fracture | 1% |
| Elbow joint: Tendon/muscle tears | 2% |
| Wrist joint (dislocation/instability, nerve injury, fracture [eg, distal radius, carpus]) | 2% |
| Hand (dislocation/instability, tendon/muscle, fracture) | 3% |

| Lower Extremities | 41% |
|--|------------|
| Pelvis | 1% |
| Hip joint: Dislocation/instability, fracture, tendon/tear, cartilage | 3% |
| Hip joint: Femoral acetabular impingement | 3% |
| Tibiofemoral joint: Dislocation/instability/ligament | 11% |
| Tibiofemoral joint: Fracture (including distal femur, proximal tibia), arthritis, osteonecrosis, nerve injury, infection, heterotopic ossification, synovitis, Osgood-Schlatter disease, Baker cyst | 6% |
| Tibiofemoral joint: Cartilage/meniscus | 5% |
| Patellofemoral joint: Dislocation/instability | 3% |
| Patellofemoral joint: Fracture, arthritis, tendon/muscle, cartilage, nerve injury, infection, heterotopic ossification | 2% |
| Leg (compartment syndrome, stress fracture, shin splints) | 1% |
| Ankle joint: Dislocation/instability | 1% |
| Ankle joint: Fracture (including pilon fracture), cartilage, osteonecrosis, nerve injury, infection | 2% |
| Ankle joint: Tendon/muscle (including Achilles and peroneal tendons) | 1% |
| Foot: Dislocation/instability, tendon/muscle, arthritis, cartilage, osteonecrosis, nerve injury, infection, tarsal coalition, flatfoot, sesamoid | 1% |
| Foot: Fracture | 1% |

| Multiple Sites | 17% |
|---|------------|
| Multiple trauma, nonorthopaedic (eg., chest/abdominal blunt trauma) | 1% |
| Complications following surgical procedures: Deep venous thrombosis/pulmonary embolism | 1% |
| Complications following surgical procedures: Infection, mechanical failure, anesthetic complications, other (eg, nerve injury) | 3% |
| Medical aspects of sports medicine: Cardiology | 1% |
| Medical aspects of sports medicine: Concussion | 2% |
| Medical aspects of sports medicine: Head and face, pulmonary, gastrointestinal, genitourinary, skin, Marfan syndrome | 2% |
| Medical aspects of sports medicine: Endocrine (including relative energy deficiency in sports and diabetes) | 1% |
| Medical aspects of sports medicine: Environmental exposure | 1% |
| Medical aspects of sports medicine: Infectious disease | 1% |
| Medical aspects of sports medicine: Pain management (including complex regional pain syndrome and opioid sparing/multimodal pain management) | 2% |
| Physal injury and growth arrest | 1% |
| Neoplasms (benign or malignant) | 1% |